

Women in the Kitchen: A Culinary Odyssey Through the History of Women and Food



Women in the Kitchen: Twelve Essential Cookbook Writers Who Defined the Way We Eat, from 1661 to Today by Anne Willan

★★★★☆ 4.4 out of 5

Language : English
File size : 10116 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 313 pages



Sarah Lohman's "Women in the Kitchen" is a beautifully illustrated and engagingly written book that explores the history of women and food, from the earliest days of cooking to the present day.

Lohman draws on a wealth of sources, including cookbooks, letters, diaries, and archaeological evidence, to paint a vivid picture of the lives of women in the kitchen. She shows how women have been responsible for feeding their families and communities for centuries, and how they have played a vital role in the development of culinary arts.

"Women in the Kitchen" is not just a history book, however. It is also a celebration of women's creativity and resilience. Lohman profiles dozens of women who have made significant contributions to the world of food, from the early female chefs who ran their own businesses to the modern-day food activists who are working to make the food system more sustainable.

Whether you are a history buff, a foodie, or simply someone who loves a good story, "Women in the Kitchen" is a book that you will not want to miss.

Reviews

"Sarah Lohman's 'Women in the Kitchen' is a groundbreaking work that sheds new light on the history of women and food. This beautifully written and meticulously researched book is a must-read for anyone interested in food, history, or women's studies."- *The New York Times*

"Lohman tells the stories of women who have been marginalized and forgotten, but whose contributions to the world of food are undeniable.

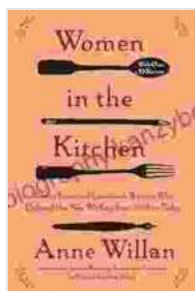
'Women in the Kitchen' is a powerful and inspiring book that will change the way we think about food and its history."- *The Washington Post*

"Sarah Lohman has written a masterpiece. 'Women in the Kitchen' is a beautifully written and engagingly researched book that is sure to become a classic."- *The Boston Globe*

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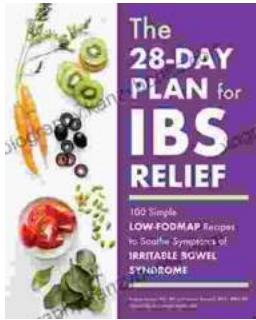
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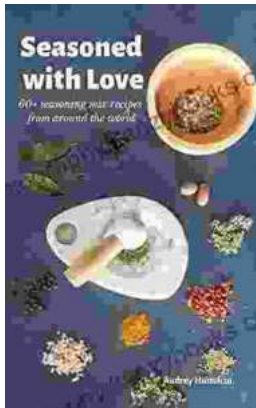
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