### Vegan For Kids: Easy Skill Building Recipes For Young Chefs

### Looking for fun and easy vegan recipes that kids can make?

Our new cookbook, Vegan For Kids, is packed with 50 delicious recipes that are perfect for young chefs of all ages. From breakfast to dinner, snacks to desserts, there's something for everyone in this book.



#### Vegan For Kids Easy, Skill Building Recipes For Young

Chefs by Anthony Spears 4.7 out of 5 Language : English File size : 38611 KB Screen Reader : Supported Print length : 43 pages

: Enabled



All of the recipes in Vegan For Kids are:

Lending

- Easy to follow, with step-by-step instructions and clear photos
- Made with whole, plant-based ingredients
- Free of gluten, soy, nuts, and eggs
- Kid-approved and taste-tested

Vegan For Kids is the perfect way to get your kids excited about cooking and eating healthy, plant-based foods. With 50 delicious recipes to choose from, they're sure to find something they love.

## Here's a sneak peek at some of the recipes you'll find in Vegan For Kids:

- Breakfast Burritos
- Pancakes
- Waffles
- Smoothies
- Salads
- Soups
- Main courses
- Desserts

And much more!

### Free Download your copy of Vegan For Kids today and start cooking with your kids!

Vegan For Kids is available now on Our Book Library, Barnes & Noble, and other major retailers.

Free Download your copy today and start cooking with your kids!

### About the Author

I'm a vegan chef and cookbook author. I'm passionate about helping people make healthy, plant-based meals that are delicious and easy to make. I've

written several cookbooks, including Vegan For Kids, Vegan For Beginners, and The Vegan Slow Cooker Cookbook.

I'm also the founder of the website VeganFamilyRecipes.com, where I share vegan recipes, tips, and resources for families.

I'm so excited to share my new cookbook, Vegan For Kids, with you. I hope you and your family enjoy these recipes as much as mine does!

#### Reviews

"Vegan For Kids is a great cookbook for families who are looking for easy and healthy vegan recipes. The recipes are well-written and easy to follow, and the photos are beautiful. I highly recommend this cookbook!"

- Our Book Library customer

"My kids love this cookbook! They've been cooking all sorts of delicious vegan meals, and they're learning so much about healthy eating. I'm so grateful for this book!"

- Barnes & Noble customer

"I'm a new vegan, and I'm so glad I found this cookbook. The recipes are simple and delicious, and they've helped me make the transition to a vegan lifestyle so much easier. Thank you!"

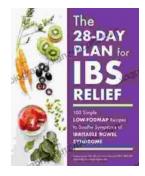
- VeganForKids.com reader

Vegan For Kids Easy, Skill Building Recipes For Young Chefs by Anthony Spears



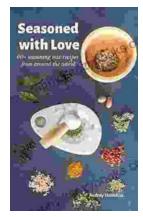
+ + + + +4.7 out of 5Language: EnglishFile size: 38611 KBScreen Reader : SupportedPrint length: 43 pagesLending: Enabled

DOWNLOAD E-BOOK 🗾



# The 28 Day Plan For Ibs Relief: Your Complete Guide to a Symptom-Free Gut

Irritable bowel syndrome (IBS) is a common digestive disFree Download that affects millions of people worldwide. Symptoms can vary widely, but commonly include abdominal...



### Elevate Your Cuisine: 60 Seasoning Mix Recipes From Around the World

Unleash the Power of Seasoning Seasoning is the key to unlocking the full potential of your culinary creations. The right combination of herbs, spices,...