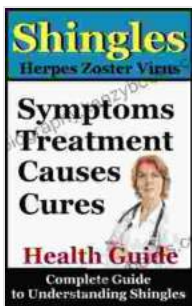


Shingles Symptoms Treatment Causes And Cures: The Ultimate Guide to Treating Shingles Herpes

Shingles is a painful viral infection that causes a rash and blisters. It is caused by the varicella-zoster virus, the same virus that causes chickenpox. After you have had chickenpox, the virus remains dormant in your body. Years later, the virus can reactivate and cause shingles.



Shingles: Shingles Symptoms, Treatment, Causes and Cures (How To Treat Shingles/Herpes Zoster Virus

Book 1) by Ashley Rosebloom

★★★★☆ 4 out of 5

Language : English
File size : 1184 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 28 pages
Lending : Enabled



Shingles is most common in people over the age of 50. The risk of developing shingles increases with age. Other risk factors for shingles include:

* Having a weakened immune system * Having certain medical conditions, such as cancer or HIV/AIDS * Taking certain medications, such as steroids

or chemotherapy drugs

Symptoms of Shingles

The first symptom of shingles is often a burning or tingling sensation on the skin. This is followed by a rash that develops into blisters. The blisters can be painful and itchy. Other symptoms of shingles may include:

* Fever * Chills * Headache * Fatigue * Muscle aches

Treatment for Shingles

There is no cure for shingles, but treatment can help to relieve symptoms and prevent complications. Treatment options for shingles include:

* Antiviral medications * Pain relievers * Anti-itch medications * Cool compresses * Oatmeal baths

Causes of Shingles

Shingles is caused by the varicella-zoster virus. The virus remains dormant in the body after you have had chickenpox. Years later, the virus can reactivate and cause shingles. The risk of developing shingles increases with age.

Cures for Shingles

There is no cure for shingles, but treatment can help to relieve symptoms and prevent complications. Treatment options for shingles include:

* Antiviral medications * Pain relievers * Anti-itch medications * Cool compresses * Oatmeal baths

How to Prevent Shingles

There is no sure way to prevent shingles, but there are some things you can do to reduce your risk of developing the infection. These include:

- * Getting vaccinated against chickenpox
- * Avoiding contact with people who have shingles
- * Washing your hands frequently
- * Staying healthy and getting enough rest

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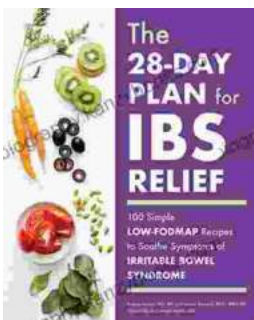


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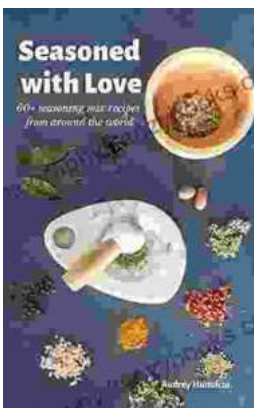
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