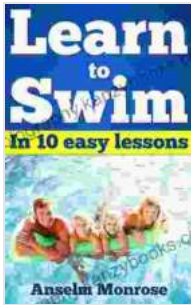


Learn to Swim in 10 Easy Lessons



LEARN TO SWIM: in 10 easy lessons by Anselm Monroe

★★★★☆ 4.1 out of 5

Language : English

File size : 5382 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 32 pages

Lending : Enabled



Swimming is a great way to stay fit and have fun. But it can be intimidating to learn how to swim. That's where this book comes in. With 10 easy lessons, this book will teach you everything you need to know to swim confidently and safely.

What You'll Learn in This Book

- The basics of swimming, including how to float, how to breathe, and how to move your arms and legs.
- Different swimming strokes, including the front crawl, the backstroke, the breaststroke, and the butterfly stroke.
- How to swim in different water conditions, including pools, lakes, and oceans.
- How to stay safe while swimming, including how to avoid drowning and how to get help if you need it.

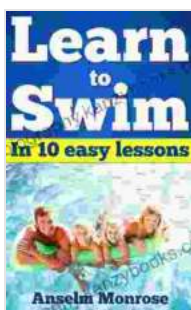
Why This Book Is Different

- **It's written by a certified swimming instructor.** The author of this book has been teaching swimming for over 10 years, so he knows what it takes to help people learn how to swim.
- **It's full of clear, step-by-step instructions.** This book is easy to follow, even if you've never swam before.
- **It's packed with helpful tips and illustrations.** This book is full of tips and illustrations that will help you learn how to swim faster and more easily.

Free Download Your Copy Today

If you're ready to learn how to swim, then Free Download your copy of this book today. You'll be glad you did.

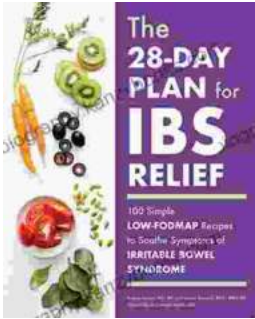
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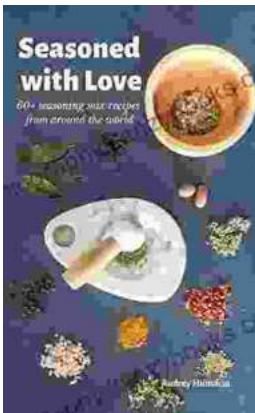
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