12 Steps to an Addictive Free Life: A Comprehensive Guide to Recovery

12 Steps to an Addictive Free Life by Anthony Ordille



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Language	: English	
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Enhanced typesetting	: Enabled	
Word Wise	: Enabled	
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If you're struggling with addiction, you're not alone. Millions of people have overcome addiction, and you can too. This book will provide you with the tools and support you need to get your life back on track.

The 12 steps to an addictive free life are:

- 1. Admit that you're powerless over addiction and that your life has become unmanageable.
- 2. Believe that a power greater than yourself can restore you to sanity.
- 3. Make a decision to turn your will and your life over to the care of God as you understand Him.
- 4. Make a searching and fearless moral inventory of yourself.

- 5. Admit to God, to yourself, and to another human being the exact nature of your wrongs.
- 6. Be entirely ready to have God remove all these defects of character.
- 7. Humbly ask God to remove your shortcomings.
- 8. Make a list of all persons you have harmed and become willing to make amends to them all.
- 9. Make direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continue to take personal inventory and when you are wrong promptly admit it.
- 11. Seek through prayer and meditation to improve your conscious contact with God as you understand Him, praying only for knowledge of His will for you and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, try to carry this message to addicts and practice these principles in all your affairs.

These steps are not easy, but they are possible. With the help of a higher power, a support group, and a lot of hard work, you can overcome addiction and live a happy, fulfilling life.

Benefits of an Addictive Free Life

There are many benefits to living an addictive free life. Some of these benefits include:

- Improved physical health
- Increased mental clarity
- Improved relationships
- Increased productivity
- Financial stability
- Greater sense of purpose and fulfillment

If you're ready to change your life, the 12 steps to an addictive free life can help you get started. With the help of a higher power, a support group, and a lot of hard work, you can overcome addiction and live a happy, fulfilling life.

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To Free Download your copy of 12 Steps to an Addictive Free Life, please visit our website or your local bookstore.

We hope this book will help you on your journey to recovery. Remember, you're not alone. Millions of people have overcome addiction, and you can too.



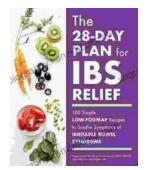
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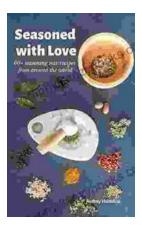
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